



IN THE CYPRESS AREA

Frontier Ranch Is Coming Soon!

Dear Parents,

Before you know it, we will all be heading to Young Life's Frontier Ranch in Buena Vista, Colorado. Here's what you need to know to get ready.

Departure

We will be leaving at 2:30 p.m. on Saturday, July 14, from the Cy-Fair High School band parking lot located behind Cy-Fair High School off of Cypress North Houston and Matzke Rd.

Return

We plan to return to that same parking lot by 5:30 p.m. on Sunday, July 22. Parents will be called en route to let them know more precisely when we'll get home.

Forms

ALL CAMPERS MUST complete and submit a Health & Consent form online at:
<https://apps.younglife.org/HCFORM>

First, Create an Account and log in. Then Create New Form. Fill in the open blanks as follows:

Home Area: **TX479 - Cypress**

Camp: **Frontier Ranch**

Guest Type: **Camper**

Camp Session/Week: **July 15-21** (doesn't list travel time on website)

Follow the directions from there and submit.

If your child does not have any medical condition listed below then you are done. Their camper health form will be sufficiently complete in the "Awaiting Physician's Signature" status.

However, if your child has any medical condition listed below, they are **REQUIRED** to obtain a physician's signature on the Young Life form prior to attending camp. At the end, **PRINT** the Physician Signature Form. Have a physician, nurse practitioner, or physician's assistant **SIGN AND FAX** the completed form to the fax number on the form. Once the form is faxed in, the health form will be complete.

Medical conditions requiring a physician's signature include:

- Has any diagnosed developmental or medical condition of the blood, neurologic, heart, respiratory, or metabolic system, including, but not limited to: seizures, diabetes, sickle cell disease, heart or respiratory conditions, and physical disabilities
- Has any diagnosed medical condition which requires the camper to carry an inhaler, EpiPen, or other emergency medication at all times
- Has asthma
- Has any severe allergy that requires medical intervention after exposure
- Is pregnant or gave birth less than 12 weeks before the first date of camp

Please keep your luggage to one large and one small bag. You are NOT welcome to bring weapons, alcohol, or illegal drugs (per Young Life policy, campers will be sent home at their own expense). Also, the use of e-cigarettes and vapes are not allowed at Young Life camp. Young Life has a policy of no electronics at camp. You may bring them for the bus, but they will be collected and safely locked up in the camp office for the week. Several pay phones are available at camp. If you wish to use them, it is a good idea to bring a calling card or one can be purchased at the camp store.

Insurance

The trip fee includes accident insurance for both camp and traveling.

Camp

Young Life's Frontier Ranch
22150 County Road 322
Buena Vista, CO 81211
(970) 726-6690

(When you call, a message will be left. Please use only for emergencies.)

If you have questions, please call the Young Life office at (832) 427-5317. We're glad you're coming with us. Get ready for the best week of your life!

Sincerely,

The Young Life Staff



IN THE CYPRESS AREA CAMP PACKING LIST

For the bus

- blanket, pillow, socks, Cell phone & Charger, at least \$30 for 5-6 meal stops; snacks

Clothes

- 1-2 sweatshirts
- 1-2 long sleeve shirts (or long sleeve t-shirts)
- lightweight jacket (optional)--it gets cold
- 1-2 pairs of jeans
- 2 outfits for the bus--(one up and one back!)
- 7-8 pairs of "everyday" clothes/outfits (work-out type clothes)
- 1-2 pairs of longer/finger-tip shorts (for harness)
- Variety of t-shirts & colors (red, blue, green, yellow)
- Camo/black/dark shirt that can get dirty (optional)
- 2 outfits (shorts/t-shirt) that can get dirty
- 10 pairs of underwear
- overalls, flannel, or something western-like
- bathing-suit, sun screen, beach towel
- 6-10 pairs of socks (more if you don't wear flip flops regularly)
- 1 nice outfit (casual dress or skirt..nothing fancy)
 - Shoes: 2 pairs of walking-type/athletic shoes (one that can get dirty), cowboy boots (if you have them) flip-flops and sandals
- PJ's
- Christmas outfit (tacky sweater, vest, green and red clothes..etc..)

Bathroom-Type Stuff

- hair dryer/curling iron (you may get with someone and share)
- shampoo/conditioner; soap, razor
- make-up
- hairspray/other hair gel-type stuff you may use
- toothbrush/toothpaste
- deodorant (please!)
- feminine products
- washcloth
- hair brush, ties, etc

Money

- There is a great snack bar and gift shop (which has YL t-shirts, sweatshirts, blankets, etc...and anything you may have forgotten to bring. (They also take credit cards!)

Extra (OPTIONAL) Stuff

- Bible
- camera (with your name on it)
- phone card
- watch
- sunglasses
- hat
- backpack
- medication
- dirty clothes bag
- chapstick

Questions/Concerns? Call your Young Life Leader or call the office! (832) 427-5317